

CVUUF Resources for the Theme of Hope
December 2017

Books

Hope in the Dark: Untold Histories, Wild Possibilities

Rebecca Solnit

Essay from the book found [here](#)

Darkness Before Dawn: Redefining the Journey Through Depression

Tami Simon (Editor)

Excerpt found [here](#) - interview with Parker Palmer:

The Warmth of Other Suns: The Epic Story of America's Great Migration

Isabel Wilkerson

Review: <https://www.theguardian.com/books/booksblog/2016/sep/08/books-to-give-you-hope-the-warmth-of-other-suns-by-isabel-wilkerson>

Movies and Television

The Shawshank Redemption

https://www.rottentomatoes.com/m/shawshank_redemption

Andy says to Red, his friend and fellow prisoner, "You need it so you don't forget there are things in this world not carved out of gray stone. There is something inside that they can't get to - they can't touch - it's yours."

Red asks, "What are you talking about?"

Andy replies, "Hope."

Time to Choose

https://www.rottentomatoes.com/m/time_to_choose

"A hopeful and helpful look at the positive efforts all around the world to stop the progression of climate change."

Children of Men

https://www.rottentomatoes.com/m/children_of_men

Places in the Heart

https://www.rottentomatoes.com/m/places_in_the_heart

Love Actually

https://www.rottentomatoes.com/m/love_actually

Hope Springs

https://www.rottentomatoes.com/m/hope_springs_2012